

# Family Newsletter

## THIS MONTH'S THEME

## All About Me

This month, your child will discover how wonderfully made they are. They will explore body parts, experiment with the five senses, design clothing and learn how to take care of their own needs. Your child will bring home many projects and work. Show your interest by asking questions such as, "How did you make that? What part of the art activity did you like most? Where should I hang your work in our home?"

### BASICS TO REINFORCE AT HOME

**LETTERS** Aa, Bb & Hh

**NUMBERS** 1 & 2

Look for the daily notes about your child's art projects!

Today I made a self-portrait.

I studied a self-portrait. Then I tried to draw all of my features, including my nose, eyes, ears, and mouth. I used a mirror to learn many things about my reflection.



Today I made a puppet.

I created a puppet today with a paper bag. I chose how I wanted to create its face and body. I can play with my puppet and make it talk.



ASK ME: Is the puppet you or someone else? What can your puppet do?

★Mother Goose Time

# Dramatic Play at Home

Your child loves to imitate your actions. This is both natural and foundational to the learning process. When your child role-plays, they learn how to problem-solve and make sense of the world around them. Offer your child a range of dramatic play props and materials to foster a love for learning.

## Dramatic play prop ideas:

- **Collect** old dishes, clothes, jewelry or other unused items.
- **Recycle or reuse** materials to make new props. For example, a PVC elbow makes a great play telephone.
- **Save food packages** for use in a pretend house or store.
- **Inspire your child** to be creative during pretend play by adding clay, playdough or other items that can be sculpted into anything.
- **Cut out** photos, characters from cereal boxes or drawings to create play people. Turn play people into puppets by taping on craft sticks.
- **If you purchase toys, consider those** that have multiple pieces and do not have batteries. These toys encourage greater creativity.
- **Keep it organized.** Label and use boxes, crates or other containers to sort, store and organize play props.

Help your child collect other items for role-playing as pirates, astronauts and even rock stars. Helping your child's dramatic play collection grow will help their imagination grow!





## Family Activities

### RECOMMENDED READS

# Cuddle Up WITH A GOOD BOOK

**My Amazing Body**  
by Pat Thomas

**The Skeleton Inside You**  
by Philip Balestrino

**My Five Senses**  
by Alik

**Blue Hat, Green Hat**  
by Sandra Boynton

**Me and My Amazing Body**  
by Joan Sweeney

**My Five Senses**  
by Kathleen Nichols

**The Vegetables We Eat**  
by Gail Gibbons



## Photo Swap

Find baby photos of each family member. Try to find similarities and differences in the photos. Compare the clothes, facial features, colors and people in the photos. Try to find a photo of each older family member when they were about the same age your child is now. Share a story with your child from when you were their age.



## Family

*(Sing to the tune of "Mary Had a Little Lamb.")*

Use your child's name to sing the song below. Hug after the song.

**Mary** has a family, family, family.  
**Mary** has a family,  
That loves her very much.

