# Family Newsletter

### THIS MONTH'S THEME

### Family & Pets

This month, your child will have the chance to discuss the people who are most important to him as he learns about who and what makes a family. He will explore ways to nurture and develop positive relationships with family members, friends and himself. He will create a family tree collage and play with dramatic play props. Through art, music and storytelling, your child will explore his feelings. While learning about different pets, he will practice taking care of pretend pets and learn about responsibility. At the end of the month, your child will learn character traits that will help him to be caring, generous, helpful, encouraging and cooperative.

### Welcome to a new school year!

Start the year off right by getting your child excited about learning. Model your own enthusiasm for school and encourage him to be excited with you. Talk about the reasons why you chose your child's daycare or school program. Explain how safe it makes you feel and how much you know your child is going to enjoy it. If allowed, send a favorite photo or a small reminder of home for the first day or two.

Establish a routine when you reach the program. Help your child take care of personal items then remember to say goodbye. Saying goodbye with a short routine and a "quick" goodbye is a great way to show your child that you trust that he will be safe. If you start to leave and then stay, or hand the child over then decide to hold on longer, it can send a message of distrust and anxiety. Remind your child that you, or someone else he knows, will be back to pick him up at the end of the day.







### THIS MONTH'S FEATURED CONCEPTS

Letters Ff, Hh & Tt Shape Circle Numbers 1 & 2 Color Red

Character Trait kindness Letter Ff frog, flower, fish Letter Hh horse, hat, hand Letter Tt table, tree, turtle



## Cudale Up WITH A GOOD BOOK

**Eye Wonder: Invention** by Caroline Bingham

The Family Book by Todd Parr

Me and My Family Tree by Joan Sweeney

> Me on the Map by Joan Sweeney

Me and the Measure of Things by Joan Sweeney

Who's in a Family? by Robert Skutch

### Happy or Sad

(To the tune of "Frère Jacques")

For a more intimate singing experience with your child, replace "dear friend" with your child's name.

Are you sad, are you sad? My dear friend, my dear friend. Tell me what is wrong, Then I'll sing you a song. My dear friend, my dear friend.

Are you happy, are you happy? My dear friend, my dear friend. Let's sing and dance together, We'll be friends forever. My dear friend, my dear friend. **Family Album** 

Go through family photos with your child. Show photos of other family members when they were babies, and of children about the same age as your child is now. Children enjoy hearing stories about themselves. Help create your child's story with him. Start with how your family felt when they knew a baby was on the way. Share stories of your child's

milestones and interests. Find time to add to the story periodically and keep it updated.

